

## Sahaj Path (সহজ পাঠ)

#### BI-MONTHLY NEWSLETTER OF KISHALAY FOUNDATION | SECOND EDITION, JULY 2022

We thank all our supporters for your continued support to enable us to sustain our rural transformation activities and grow over the years. From now on you will receive latest update on our work through this newsletter.



#### Rabindra Jayanti

We celebrated the 161st birth anniversary of **Rabindranath Tagore**, on May 9th. Kishalay Edukids centers across Sundarban, Murshidabad, and Purulia organized various cultural programs like music, dance, recitation, etc. where many of our kids, students, and faculty members participated to celebrate this day. The deeply inspiring works of Rabindra Jayanti continue to impact our nation even today and we tried to imbibe this into the minds of our students.

#### **Book Distribution Event**

On the 24th of May, we distributed books in Ramgopalpur Learning Hub in Basanti block in the Sundarban area. The kids were very excited to receive the books. We hope this program and others that will follow will help to foster a love for reading among the youths of India. This will help our kids to reduce the learning gaps after the pandemic situation. We thank our partner organisation Nanritam NGO for all their support in the distribution of text books for our students.



#### **Nutrition Program**



We organized multiple Nutrition programs at our Satjelia Edukids center at Gosaba block in the Sundarban area. We have distributed seasonal fruits to the children who study at our education hub. We distributed essential food items to the children to promote a balanced diet and provide support for local producers. A healthy diet is a key to a healthy mind!



A similar nutrition program is being organized at our Murshidabad Education hubs as well with a focus on serving local produce and a balanced diet with all the essential food items required for proper nourishment of the children. Every month we are giving nutritious food to many poor and helpless children to support nutrition. We thank all our friends, well-wishers, and donors for all their constant support which has made this possible today.



## Plantation Distribution Program



On June 18th, 22nd and 25th Kishalay Foundation in association with the Sustainable Green Initiative (SGI) distributed thousands of saplings of lemon and guava trees in Sundarban. These saplings were distributed to several hundred families located in Sundarban. Initially, 2500 saplings comprising Lemon and Guava were distributed close to 450 families in 2 locations-Masjidbati and Ramkrishnapur followed by the distribution of another 2500 saplings comprising Lemon and Guava plants to close to 150 families in 2 locations-Harekrishnapur and Shibganj area in Sundarban in association with Sustainable Green Initiative. We heartfully thank to SGI for all their support.



### International Yoga Day celebration



On June 21st our students and teachers celebrated International Yoga day. Yoga has its origins in India and Yoga Day is a way of connecting with our culture and heritage. Yoga and meditation are important for the mind and body to provide a healthy outlet for emotions. This day is being celebrated across all our centres with utmost dedication and sincerity.



#### Clay Modeling in our Pedagogy

Recently we encouraged our students to make sculptures out of clay. This activity is now part of our pedagogy that helps to foster creativity, communication, and teamwork among the kids.





Clay Modeling among the kids also allows for fun, communication, and sharing along with improving social skills. It is an activity which nurtures child's creativity, boosts imagination, and imbibes self-confidence. It also develops hand and eye coordination.

#### Sports training program at Kishalay Sports Academy

Sports training programs are now in full swing at the Kishalay Sports Academy at Godkhali. We have now a good number of boys and girls attending the physical fitness and handball training program at our sports academy. In addition to studies, physical exercise and sports are also very important to build personality and character among the kids. Sports are a fundamental way of channeling emotions and developing healthy with happy children are essential to our mission.



#### **Starting of Goranbose Centre**

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We have now reached Goranbose at Basanti block in Sundarban. We have done a major acquisition of a local school with 94 students running in the village there and supported them with our education pedagogy to start Kishalay Edukids learning hub under our banner.



#### Nanritam NGO Team Visit

Kishalay has partnered with Nanritam in their EFA (Education For All) project. Nanritam is also helping Kishalay in better pedagogical methods and faculty training. Recently Nanritam NGO Team, Mr. Sarada Namhata, Ms. Ranjana Sengupta and Jagannath Goswami visited Kishalay centres in Sundarban on 27th July. We thank our partner organisation Nanritam for all their support in our education pedagogy and by organising training programs for the development of our faculty members.





#### **Kishalay Sustainability Initiative**



We are trying to create a sustainable farm adopting natural practices at Godkhali, Sundarban. We will move towards farm-centric community development for nutrition, safe food and livelihood. We engage kids from our early education learning hubs in farm-centric education away from closed classrooms.









#### **Kishalay Foundation**

Kishalay Foundation is working towards improving learning outcome of early education in Rural India along with Nutrition and basic preventive healthcare for rural people.



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