KISHALAY FOUNDATION

SEPTEMBER 2026

Monthly Newsletter

Nurturing Early Minds And Empowering Communities

8 LUNCH PROGRAMMES

Across 8 Hatekhari Play Group Centres



Nutritious meals for children

1 EDUCATIONAL FIELD TRIP

Godkhali EduKids Centre, Sundarbans



Learning beyond the classroom

10 EDUCATION CENTRES

Monthly Health Check-ups conducted



Nutrition & malnutrition screening

4 EDUKIDS CENTRES

Weekly Dance & Drawing Sessions





Creativity . Movement . Self-expression

OUR FOCUS

EDUCATION
Quality education for a brighter future.

DEVELOPMENT
Empowering communities for sustainable change.

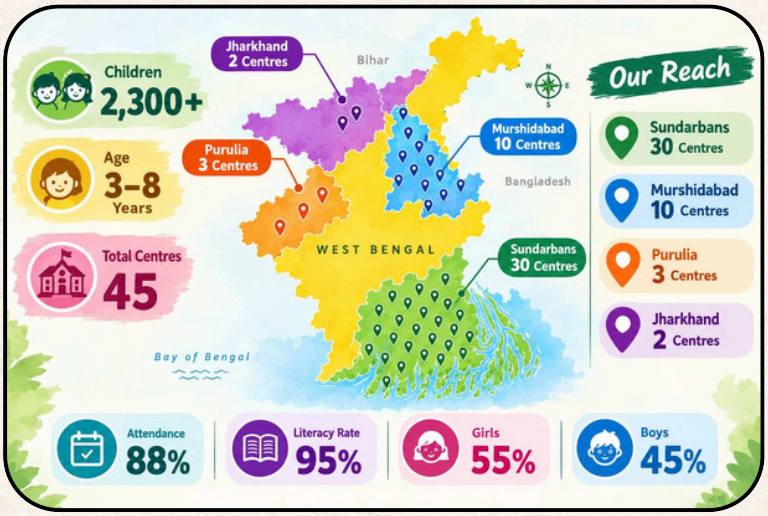
NUTRITION
Promoting healthy growth and lifestyles.

HEALTH
Ensuring healthcare access and well-being for all.

+91 91639 78864 | www.kishalayfoundation.in | kishalayfoundation@gmail.com | kishalayfoundationNew

NEWSLETTER

KISHALAY FOUNDATION





LIGHTING THE WAY TO EARLY EDUCATION

Kishalay EduKids Centres: Building Strong Foundations for Young Minds

At Kishalay Foundation, we believe that every child deserves the opportunity to begin their educational journey with the right foundation.

Out of our **53 Education Centres**, 45 are Kishalay EduKids Centres, dedicated to providing education to children aged **3 to 8 years**. These centres focus on addressing the learning gaps at the **pre-primary level** and creating a strong foundation for children's future education.

Reaching Where Education Needs Us Most

Kishalay Foundation is taking the light of education to communities where access to quality early education remains limited. Through the EduKids Centres, we are bringing learning opportunities closer to children in underserved and remote communities.

Kishalay EduKids at a Glance

- 2,300+ Children
- 55% Girls | 45% Boys
- 45 EduKids Centres
- 88% Overall Attendance
- 95% Literacy Rate

Our Reach

- Sundarbans: 30 Centres
- Murshidabad: 10 Centres
- Purulia: 3 Centres
- Jharkhand: 2 Centres

September 2026 | Purulia

EDUCATION TEAM VISITS & QUALITY DEVELOPMENT

In September, the Education Team visited **3 EduKids** and **2 Hatekhari Centres** in Purulia for teacher training, assessment and quality audits in collaboration with the Quality Team.





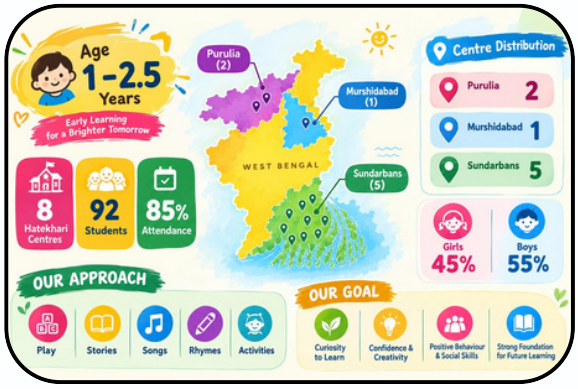
KEY FOCUS

- Soft Skills
- Hard Skills
- Hygiene & Maintenance
- Consultant Visits
- Continuous Teacher Development

HATEKHARI PLAY CENTRE

A JOYFUL BEGINNING TO EARLY LEARNING

Kishalay Foundation's Hatekhari Play Centres create joyful first steps into education for children aged 1–2.5 years. Through play-based and activity-oriented learning, these centres provide a nurturing environment where young children can explore, learn and grow.



LEARNING THROUGH JOY

At Hatekhari, children begin their learning journey through play, stories, songs, rhymes and creative activities. These joyful experiences encourage curiosity, confidence, communication and positive social interaction from the earliest years.

HATEKHARI AT A GLANCE

8 Centres | 92 Students | 85% Attendance

OUR REACH Purulia — 2 Centres

Murshidabad — 1 Centre

Sundarbans — 5 Centres

CHILDREN

45% Girls | 55% Boys

OUR FOCUS

- 🌱 Curiosity & Exploration
- 🎨 Creativity & Confidence
- 🤝 Social & Emotional Development
- 📚 Early Learning Foundation





Hatekhari Nutrition & Lunch Programme





During September, 8 Lunch Programmes were organised across the 8 Hatekhari Play Group Centres of Kishalay Foundation, ensuring children received nutritious food in a healthy and joyful learning environment.

SEPTEMBER HIGHLIGHTS

8 Hatekhari Centres | 8 Lunch Programmes | 86 Children Participated

The initiative reflects Kishalay Foundation's continued focus on supporting children's nutrition, healthy growth and overall well-being alongside early childhood education.



STRENGTHENING HATEKHARI IN THE SUNDARBANS

During September, 5 Hatekhari Play Group Centres in the Sundarbans received focused quality-development visits to strengthen the learning environment and improve the overall quality of the Play Centres .

The visits focused on Soft Skills, Hard Skills, Hygiene & Maintenance, along with observations and guidance from Kishalay Foundation Consultants to identify areas for further improvement.

Alongside the centre visits, Hatekhari Centre Madams are receiving continuous professional training through Udemy courses, supporting their skills development and strengthening their ability to provide quality early-childhood education.

NUTRITION THAT BUILDS HEALTHIER FUTURES

Indorama – SAHAYAK Project | September 2026

Under Kishalay Foundation's Indorama SAHAYAK Project, a total of 5 Nutrition Programmes were organised during September across five EduKids Centres in the Sundarbans: Godkhali, Ranigarh, Ramkrishnapur, Kamardanga and Basanti.

Keeping children's nutritional needs in mind, each programme provided a variety of nutritious, hygienic and wholesome food to support healthy growth and development.





CENTRES COVERED

Godkhali • Ranigarh • Ramkrishnapur • Kamardanga • Basanti

LEARNING BEYOND THE CLASSROOM

Godkhali EduKids Centre | Sundarbans | September 2026

As part of Kishalay Foundation's commitment to experiential and activity-based learning, a special Educational Field Trip was organised for the children of **Godkhali EduKids Centre, Sundarbans**.

The field trip provided children with an opportunity to step beyond the classroom and learn through direct observation, practical experience and outdoor activities.

LEARNING IN THE FIELD

During the visit, children explored the differences observed in plants when chemical fertilisers and organic fertilisers are used. Through practical observation and discussion, they were introduced to the importance of organic and environmentally responsible practices.

The children also participated in physical exercises and outdoor activities, making the learning experience both educational and enjoyable.







BEYOND BOOKS • INTO CREATIVITY

To support holistic development beyond academic learning, Kishalay Foundation conducts weekly **Dance and Drawing** sessions at four EduKids Centres in the Sundarbans **-Ramkrishnapur, Godkhali, Kamardanga and Basanti**.

These sessions are conducted once every week by experienced teachers, providing children with opportunities to explore creativity, movement and self-expression alongside their regular education.

Through these regular sessions, children are encouraged to develop creativity, confidence, discipline and self-expression, ensuring that education goes beyond textbooks and supports the development of well-rounded young learners.

CHILD HEALTH & NUTRITION MONITORING

As part of Kishalay Foundation's ongoing commitment to children's health and well-being, **monthly health check-ups for malnutrition and nutrition-related concerns** were conducted across **10 Education Centres** during September.

HEALTH CHECK-UP COVERAGE

Lalmati Cluster — **2 Centres**

Murshidabad Cluster — **3 Centres**

Sundarbans Cluster — **5 Centres**

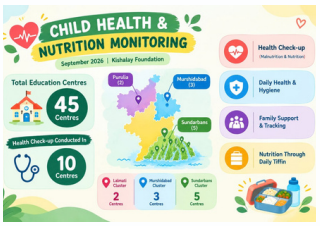
Total — **10 Centres**

DAILY HEALTH & HYGIENE

Daily **health and hygiene practices** are maintained across every cluster. Children with identified health or nutrition-related concerns are **tracked regularly**, and the Health Team communicates with their families to understand the issues and support appropriate solutions.







From 50 Mothers to 35 Centres: Growing Nutrition, Naturally

Around six months ago, with the support of Kishalay Foundation, 50 mothers across different areas of the Sundarbans received indigenous chicken chicks along with feed and medicines to support sustainable backyard poultry rearing.

Today, these chickens are growing naturally and producing eggs that are being used in Nutrition Programmes across 35 Kishalay Education Centres, providing children with a nutritious source of food.

50 Mothers | Indigenous Chickens | Natural Rearing | 35 Education Centres | Nutrition for Children

From empowering mothers to nourishing children — a sustainable community nutrition cycle in action.







Promoting Creativity, Upcycling and Skill Development

Kishalay stitching unit

Throughout August 2026, the Kishalay Stitching Initiative continued to promote creativity, practical skills, and sustainable practices through a range of innovative activities.

Participants creatively upcycled old trousers into cloth bags and developed various useful products, including Punjabi garments, hand-painted floral designs, handmade bags, and soap nets, using recycled and locally available materials.

MOVE • PLAY • GROW

Kishalay Sports Academy | September 2026

In September, Kishalay Sports Academy trainers visited 3 EduKids Centres — Herobhanga, Baikunthapur and Ranigarh — bringing fun and fitness activities to children and Centre Madams.

3 Centres Visited | Sports & Exercise Activities | Children + Madams Engaged

The sessions included different physical exercises, fun fitness activities and movement-based games, followed by a simple Nutrition Feed with banana, eggs and fresh salads to promote healthy growth and well-being.





FROM DISTRICT TRIALS TO NATIONAL DREAMS

September marked an encouraging month for the young athletes of Kishalay Sports Academy, with players participating in district-level handball trials and progressing towards higher-level opportunities.

03 SEPTEMBER | DISTRICT HANDBALL TRIAL
19 Players Participated
11 Girls | 8 Boys

07 SEPTEMBER | SOUTH 24 PARGANAS TEAM – BURDWAN TRIALS

A STEP CLOSER TO THE NATIONAL STAGE
2 Players earned an opportunity to participate in the National Trials, representing Kishalay Sports Academy in handball.







WEEKEND SPORTS IN ACTION

Throughout September, experienced trainers conducted regular Handball and Football practice sessions every Saturday and Sunday at Godkhali Sports Academy and Ramgopalpur Football Academy.

2 Sports Academies | Every Saturday & Sunday | Expert-led Practice

Alongside sports training, every participating child received weekly Nutrition Food to support their fitness, healthy growth and overall well-being.



Menstrual Health & Hygiene Awareness

4 PROGRAMMES • 183 PARTICIPANTS • STRONGER HEALTH AWARENESS

Kishalay Foundation conducted 4 Menstrual Health & Hygiene Awareness Programmes across Dulki, Satjelia, Katakhali and Birajnagar, reaching mothers, adolescent girls and students with essential health and hygiene awareness.

Dulki EduKids Centre | 24 Sept — 40 Mothers + 7 Teenage Girls
Satjelia Centre | 29 Sept — 42 Mothers
Katakhali Centre | 30 Sept — 54 Mothers
Birajnagar JHS | 25 Aug — 40 Students

183 Participants | 4 Centres | Menstrual Hygiene • Nutrition • Iron Deficiency • Adolescent Health • Early Marriage Prevention • Good Touch & Bad Touch







HANDS-ON LEARNING FOR SUSTAINABLE FARMING

Kishalay Organics | 16 September 2026

On 16 September, the Kishalay Organics team conducted a hands-on learning session with the Women's Organic Farming Group of Kamardanga, a sustainable community in the Sundarbans.

The session focused on Jibamrit, a natural bio-input for sustainable agriculture. The women farmers were guided through its key ingredients, preparation process, application methods and benefits, with practical demonstrations and discussion.

Empowering rural women with practical knowledge for healthier soil, sustainable farming and stronger communities.







PRESERVING INDIGENOUS SEEDS • EMPOWERING FARMERS

Kishalay Organics |20 September 2026

As part of its commitment to sustainable and indigenous farming, Kishalay Organics distributed traditional vegetable seeds among enthusiastic organic farmers across the Sundarbans.

40 Organic Farmers received a diverse collection of 28 varieties of indigenous brinjal seeds and 11 varieties of indigenous tomato seeds, supporting the conservation of traditional crop diversity and encouraging sustainable cultivation practices.